부부의 성역할 태도에 따른 부부관계 향상

The Effect of Gender Role Attitudes on Couple ENRICH

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Abstract

In this study, we examined how gender role attitudes effect the level of couple ENRICH (Evaluation and Nurturing Relationship Issues, Communication, Happiness) by comparing a sample of 100 wives and 100 husbands.

The results show that more husbands and wives have traditional gender role attitudes than androgynous gender role attitudes. However, the wives have a higher level of androgynous gender role attitudes compare to husbands, although

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it is not significantly related. The findings show that husbands, compared with wives, experience a higher level of couple ENRICH in their total scores, including satisfaction in the area of Marital Life and Idealistic Distortion. The findings also show that gender role attitudes are significantly related to the level of couple ENRICH for both husbands and wives. When the couples have a higher level of traditional gender role attitudes, they experience a lower level of couple ENRICH. Their total scores include satisfaction in the area of Marital Life, Communication, Conflict Resolution and Idealistic Distortion.

Finally, when a couple has more androgynous gender role attitudes in both wife and husband, they experience a higher level of couple ENRICH in their total scores, including satisfaction in the area of Marital Life, Communication, Conflict Resolution and Idealistic Distortion. In contrast, when a couple has more androgynous gender role attitudes in both wife and husband, they experience a higher level of couple ENRICH in their total scores, including satisfaction in the area of Marital Life, Communication, Conflict Resolution and Idealistic Distortion.

주제어(key words) : 성역할 태도 (Gender role attitudes), 전통적 성역할 태도 (traditional gender role attitudes), 양성적 성역할 태도 (Androgynous gender role attitudes), 부부관계향상(Couple ENRICH), 결혼만족도(Marital Satisfaction)

I. 서론

최근 산업화에 따른 다양한 사회변화는 우리가족의 구조와 기능면에서 급격한 변화를 초래하였다(최경석 외, 2003). 합리적인 가치관과 전통적 기술의 적용으로 인해 가족 및 부부들의 생활양식에서도 새로운 가치관이 적용되어지고 다양한 변화가 있어왔다. 기혼취업 여성의 증가와 부부관계의 역할 및 태도에 있어서의 변화가 그 예로 하겠다. 통계청의 경제활동 인구조사에 따르면, 2004년도 현재 51%에 달하는 여성이 노동시장에 진출하고 있으며 기혼취업여성의 비율(50.7%)과 미혼 취업여성의 비율 (51.7%)이 매우 비슷하게 나타나고 있다(2005). 그러나 이와 같이 기혼 여성의 취업과 사회활동의 기회는 점점 높아져 가지고 있는 시점에 가족생활에서 여성에