부모와 자녀의 양육태도 지각 및 대학생의 자아분화가
d대인관계문제에 미치는 영향

The Effects of Parenting Behaviors Perceived by Parents and
Children and College Students' Self Differentiation on Their
Interpersonal Problems

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Abstract

The purpose of this research is to investigate the effects of the parenting behaviors perceived by parents and their children, and college students' self differentiation on
their interpersonal problems. The subjects were 152 college students and their parents in the Busan city. The results were as follows; First, the quality of parenting behaviors of parents perceived by the college students was negatively correlated with their interpersonal problems. The relationship was more prominent regarding mothers’ parenting behaviors than fathers’. The perceived parenting behaviors of parents were also associated with all the 8 subscales of the ‘Inventory of Interpersonal Problem’. Second, the quality of parenting behaviors perceived by parents themselves was negatively correlated with the extent of interpersonal relations of the children. This relationship was more prominent regarding mothers’ perceived parenting behaviors than fathers’. The parents’ perceived parenting behaviors were also associated with all the 8 subscales of the ‘Inventory of Interpersonal Problem’ in ascending order of their correlational strength. Third, the self differentiation level of the adolescents was negatively correlated with their interpersonal problems. Forth, multiple regression analysis showed that ‘adolescents’ self differentiation’ and ‘mothers’ perceived parenting behavior’ had significant effects on interpersonal relations, while ‘fathers’ perceived parenting behavior’, and ‘parents’ parenting behavior perceived by children’ had not. The relative importance of self differentiation compared to parents’ parenting behaviors was discussed in relation to the characteristics of the post-adolescents. The limitations of the research were mentioned in regard to sampling.

주제어(key words) : 후기 청소년(post-adolescents), 지각된 양육태도(perceived parenting behavior), 자아분화(self differentiation), 대인관계문제(interpersonal problem)

I. 서론

우리나라 부모들의 열성적인 자녀양육과 교육적 지원에도 불구하고 후기 청소년들은 많은 문제들을 노출하고 있다. 학교 및 사회에서 청소년기 후기의 청년들이 겪는 문제들은 심각한 사회적 기회비용을 앓아간다. 상담 및 교정기관 등에서 나타나는 이러한 문제들의 대부분은 대인관계문제(이창기, 박민규, 1996)와 관련되는바 청소년들의 대인관계는 인터넷 및 휴대폰 등 정보통신기술, 또래 문화, 교육적 경험, 자녀양육,