Spontaneous Regression of a Large Hepatocellular Carcinoma with Multiple Lung Metastases

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A 75-year-old Japanese man with chronic hepatitis C was found to have a large liver tumor and multiple nodules in the bilateral lungs. We diagnosed the tumor as hepatocellular carcinoma (HCC) with multiple lung metastases based on imaging studies and high titers of HCC tumor markers. Remarkably, without any anticancer treatment or medication, including herbal preparations, the liver tumor decreased in size, and the tumor makers diminished. Moreover, after 1 year, the multiple nodules in the bilateral lungs had disappeared. Fifteen months after the first medical examination, transcatheter arterial chemoembolization (TACE) was performed for the residual HCC. Because local relapse was observed on follow-up computed tomography, a second TACE was performed 13 months after the first one. At 4 years after the second TACE (7 years after the initial medical examination), there was no recurrence of primary or metastatic lesions. Spontaneous regression of HCC is very rare, and its mechanism remains unclear. Understanding the underlying mechanism of this rare phenomenon may offer some hope of finding new therapies, even in advanced metastatic cases.

CASE REPORT

A 75-year-old man with chronic hepatitis C and diabetes mellitus first visited our hospital for examination of a liver mass detected by abdominal ultrasonography. He described a 1-month history of abdominal pain. Gastric ulcer was detected by endoscopy and administration of the proton pump inhibitor was started. He had no history of alcohol abuse, smoking, blood transfusion, or steroid intake. He took ursodeoxycholic acid for a liver function disorder pointed out 20 years ago. He was diagnosed with diabetes when he was 45 years old, and under NPH insulin (12 U/day) injection from 65 years old. Physical examination revealed hepatomegaly without ascites. Laboratory studies showed elevated levels of liver enzymes and total bilirubin (Table 1). The results were negative for hepatitis B surface antigen but positive for antibody to hepatitis C virus. Tumor markers associated with HCC were markedly elevated, α-fetoprotein (AFP) at 452,100 ng/mL and protein induced by vitamin K absence/antagonist-II (PIVKA-II) at 596,000 mAU/mL.

Contrast-enhanced computed tomography (CT) showed a huge heterogeneous dense mass (>20 cm in diameter) with enhancement involving the right hepatic lobe (Fig. 1). CT of the chest revealed multiple nodules in the bilateral lungs of up to 15 mm in diameter (Fig. 2A).

Based on typical imaging features and elevated specific tumor markers, the liver tumor was diagnosed as HCC, and the lung nodules were diagnosed as multiple lung metastases of HCC, although the mechanisms leading to it remain unknown. Here we report a case of a 75-year-old man who showed spontaneous regression of a large HCC with multiple lung metastases.
his family rejected further examination, including tumor biopsy and angiography, and any invasive therapy such as surgery.

At 3 months after the initial medical examination, the serum AFP had decreased markedly (944 ng/mL). After 9 months, abdominal CT revealed that the liver mass had markedly decreased in size. Also, serum AFP and PIVKA-II had decreased to 107 ng/mL and 34 mAU/mL, respectively. The multiple nodules in the bilateral lungs had disappeared (Fig. 2B). After 13 months, HCC of 5 cm in size was detected in segment 5/6 of the liver (Fig. 3A, B, and C).

During this period, the patient had not received any anticancer treatment or medication including herbal preparations and denied any change in his daily habits. This phenomenon, therefore, was considered to be spontaneous regression of HCC with multiple lung metastases.

At 15 months after the first visit, because there was no further decrease in tumor size in the imaging studies and an increase in tumor markers (AFP, 407 ng/mL; PIVKA-II, 59 mAU/mL), the patient was subjected to transcatheter arterial chemoembolization (TACE) using gelatin-sponge and lipiodol combined with epirubicin and mitomycin C (Fig. 3D).

Two months after the first TACE, serum AFP and PIVKA-II levels had decreased to the normal range. Because of local relapse, observed on follow-up CT (Fig. 4A), the second TACE was done at 13 months after the first TACE (Fig. 4B). The serum tumor markers did not increase at this time. At 4 years from the second TACE (7 years after the first medical examination), the patient continues to do well without any evidence of HCC recurrence (Fig. 5).

**DISCUSSION**

Spontaneous regression of cancer was defined by Everson and Cole\(^2\) in 1966 as partial or complete disappearance of malignancy without specific treatment. The incidence of spontaneous regression was estimated to be one per 60,000 to 100,000 cases of malignancy.\(^3\) Spontaneous regression of cancer has been described for almost all kinds of tumors, with most reported cases being renal cell carcinoma, neuroblastoma, malignant melanoma, and malignant lymphoma. Spontaneous regression of HCC is a rare event, with an incidence rate of one in 140,000 cases of HCC.\(^4\) The mechanism of spontaneous regression of HCC is unknown. In previous reports, various factors have been proposed such as fever, infection, medical practice (blood transfusion, angiography, surgical trauma), medicine (herbal medicine, withdrawal from anabolic steroids, hormonal therapy, vitamin K), change of blood flow (tumor thrombus, rapid tumor growth, gastrointestinal bleeding), abstinence from alcohol and stimulation of the immune system.

Ohtani \textit{et al.}\(^5\) analyzed 40 cases with spontaneous regression of HCC published in the literature in English from 1972 to 2001. In 23 of these, either radiological or histological complete regression was reported, whereas 15 cases were of partial spontaneous regression. There were five cases of lung metastasis and three cases of bone metastasis. In addition, six tumors of spontaneously regressed HCC might have lost their vascularity during the clinical course.

Thirty-two cases of spontaneous regression of HCC published in the literature in English from 2002 to 2012 are summarized in Table 2. Thirteen of these reported complete regression. There...