임신폐 고혈압의 최신 지견

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분류

1. Gestational hypertension (HTN)
2. Preeclampsia and eclampsia syndrome
3. Chronic HTN
4. Preeclampsia superimposed on chronic HTN

Gestational hypertension

• Systolic BP 140 or diastolic BP 90 mm Hg for first time during pregnancy
• No proteinuria (not yet)

Preeclampsia

• Minimum criteria:
  - BP 140/90 mm Hg after 20 weeks’ gestation
  - Proteinuria 300 mg/24 hours or 1+ dipstick
• Increased certainty of preeclampsia:
  - BP 160/110 mm Hg
  - Proteinuria 2.0 g/24 hours or 2+ dipstick
  - Serum creatinine >1.2 mg/dL unless known to be previously elevated
  - Platelets < 100,000/L
  - Microangiopathic hemolysis—increased LDH
  - Elevated serum transaminase levels—ALT or AST
  - Persistent headache or other cerebral or visual disturbance
  - Persistent epigastric pain