 Blacks and Winters are not the same. The reason is that the seasons change, and

The spring and autumn are the time of change, so the weather is unstable. In spring, the temperature rises dramatically, and in autumn, it falls dramatically. These changes in temperature can affect the mood of people, leading to mood swings and anxiety.

In winter, the temperature remains relatively stable, but the days are short. The lack of sunlight can also affect people's mood, leading to depression.

In summer, the temperature is high, and the humidity is high as well. This can lead to feelings of lethargy and irritability.

In summary, the mood changes throughout the year, and the weather can affect these changes. Understanding these patterns can help individuals and society prepare for and cope with these mood changes.